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Introduction

As part of its on-going efforts to protect the health of those participating in an ICC event, the ICC's Medical Advisory Committee has developed Minimum Medical Standards for ICC Global and Regional Pathway events. The purpose of such standards is to ensure players and match officials receive the appropriate level of medical care and that the medical standards at such ICC events are consistent.

This document sets out minimum medical standards that a Member is required to implement when hosting an ICC Global or Regional Pathway event.

Medical Cover

The medical cover for immediate care at the ICC Global and Regional Pathway events should be adequate for the management of expected and significant potential injuries and medical incidents such as concussion, fractures and cardiac events. The presence of a Match Day Doctor should remain a priority supported by a paramedic and ambulance.



Fig 1. Medical Management Structure for ICC Global and Regional Pathway Events.

Chief Medical Officer (CMO)

This person is ultimately responsible for the planning, co-ordination and governance of medical services provided by the appointed medical staff to players, officials and team management during the event (both at the match, practice sessions and at team hotels). This responsibility cannot be delegated.

The CMO's name and contact details must be made available to participating teams and match officials in advance of the series.

The CMO should:

- be experienced and have knowledge of elite sports medicine throughout the region
- be experienced and have knowledge of organising the medical component of sporting events;
- be familiar with the Medical Standards for ICC Global and Regional Pathway events
- appoint, support and oversee the designated independent match day doctors;



- develop a medical plan (using the ICC Medical plan template at <u>Appendix A</u>)
 and submit the final draft plan to the ICC Medical Manager no later than 2
 months before the start of the event (including the warm-up period)
- develop a medical handbook (using the ICC template attached at <u>Appendix B</u>)
 containing relevant information for teams and match officials to access health
 care services in all host cities:
- provide links and contacts with specialists in sports medicine, musculoskeletal injuries and imaging throughout the region and;
- provide contacts with designated local facilitators

Independent Match Day Doctor

The Independent Match Day Doctor is responsible for providing medical care to players and match officials on match day. He/she should, at the very least, be introduced to the teams at the pre-match medical meeting.

The Independent Match Day Doctor should:

- be available on match day 1.5 hours before start of match and 30 minutes after the end of day's play;
- be independent and not affiliated to a team;
- have experience in dealing with sports medicine issues and injuries;
- be familiar with head injury management and the ICC Concussion Management Guidelines
- have at least Basic Life Support (BLS) certification and preferably Advanced Trauma and Life Support (ATLS) certification*;
- be familiar with anti-doping and integrity matters in cricket;
- have a general medicine kit;
- have good local knowledge of relevant medical facilities;
- in the case of a women's event, preferably be a female doctor or a doctor who has experience working with female players;
- have knowledge of key specialist providers and medical facilities;
- be responsible for organising and managing the match day medical meeting; and
- check the medical facilities and medical equipment prior to each day's play.

*In an emergency, it is expected that the paramedics will take the lead, however, the Independent Match Day Doctor will remain closely involved in the overall management, communication and reporting of the incident.

Note 1 - One individual may be responsible for more than one position outlined in the recommended management structure provided he/she is appropriately qualified.

Note 2 -In case of player injuries where a decision on the player's continuation in a match or return to play is to be made, the Independent Match Day Doctor will have an advisory role and it will be the injured player's team nominated medical advisor (if available) that will make the final decision. Teams that travel with a medical advisor must ensure he/she has the required capability to make responsible



medical decisions. If the team is not travelling with a medical advisor (team physio or doctor), the team must consult with the Match Day Doctor/paramedics when making such decisions.

Note 3 - In case of a head knocks in particular, the decision on the player's continuation in a match or return to play will be made by the injured player's team nominated medical advisor (if available) in accordance with the ICC Concussion Management Guidelines. Teams that travel with a medical advisor must ensure he/she has the required capability to make responsible decisions. If the team is not travelling with a medical advisor (team physio or team doctor), the team must consult with the Match Day Doctor/paramedics when making such decisions.

To ensure player welfare, the ICC will audit the use of its Concussion Management Guidelines and if required, the ICC will revisit the guidelines to consider mandating medical clearance by an appropriately qualified doctor.

Medical Handbook

The appointed CMO is required to provide the visiting team(s) and match officials with a medical handbook. The handbook should include the following:

- the names and contact details of the complete Medical Management Structure for the event;
- medical services and providers in each host city;
- medical services available on match day;
- protocols and chain of command on match day in case of medical emergencies
- medical services available at practice sessions; and
- medical services that teams can access when at team hotels.

Should there be any anticipated difficulties in meeting these Minimum Medical Standards, the Host Member and CMO will be expected to inform the ICC Medical Manager well in advance of submitting the Event Medical Plan.

The draft Event Medical Plan and Medical handbook should be submitted no later than two (2) months prior to the start of the Event including the warm-up period.

On submission, the Plan will be reviewed by the ICC Medical Manager and the ICC Medical Advisory Committee and where required comments/suggested changes will be provided to the Host Member.



Host City with official match venues and/or practice venues

As part of the Medical Handbook, visiting teams and match officials should be provided with the following information relating to each host city.

HOST CITY DETAILS
NAME AND CONTACT DETAILS FOR THE FOLLOWING SERVICES:
Hospital(s) with Accident and Emergency Facilities
Family medicine practitioner
General sport and orthopaedic surgery
General Medicine and cardiology
MSK Radiology -for case discussion/advice (when necessary)
Neurologist (preferably with head injury/concussion experience)
Pathology (haematology, biochemistry, microbiology)
Pharmacy
Dentistry
Gynaecology (for women's event)
Physiotherapy and soft tissue therapy

In addition to this, information on general public health issues should be included for the participating teams and match officials such as regional infectious diseases, vaccinations, water safety, air safety, pollution, specific alerts/outbreaks, medication that should not be carried into the country etc.

Match Day (warm up and official matches)

The Host Member is required to provide as part of the Medical Handbook information on the following services, facilities and protocols for players and match officials on match day.

MATCH DAY INFORMATION

Podiatry

Medical room/tent location at match venue (using a venue map where possible)

Medical equipment that will be available at the venue on match day, one (1) hour before the match and thirty (30) minutes after the end of a day's play



Protocol in case of a match day on-field incident such as a head injury or acute trauma e.g. bone fracture.

Protocol and chain of command in case of a medical emergency e.g. a cardiac arrest.

Protocol for removal of a player from the field of play in case of a medical emergency.

Ambulance (refer pg. 7) and paramedic.

Other medical staff that will be available on match day.

Proposed time for Match Medical Meeting (ref pg. 7)) between the Independent Match Day Doctor, a Match Official (if available), paramedic and Team Doctor(s) (if applicable) and/or Team Physiotherapist(s) or a Team Representative (if a team does not have a doctor and physio) at the match venue. This meeting should preferably be scheduled on the day before match day or early on match day.

Host Member to also provide details on the separate medical services and facilities available for staff and spectators on match day.

Match Day Ambulance

An Ambulance with a trained paramedic must be stationed at the match venue if in any circumstance it is anticipated that the ambulance will be more than 15 minutes away.

If an ambulance is less than 15 minutes away from the match venue, a paramedic must be stationed at the match venue and consideration should be given to having an ambulance stationed at the venue.

The ambulance should be stationed close to the playing area and dressing rooms on match day for transport of the seriously injured or ill player/official. The paramedic will always be stationed pitch side for the duration of the match.

The ambulance should:

- be present at least 1 hour before the start of the match and 30 minutes after the end of day's play;
- have clear access from the field to the road;
- be staffed by a trained paramedic/technician/nurse capable of coping with:
 - Cardiac arrest
 - o Anaphylaxis
 - Head/neck injury
 - Other serious injury or illness
 - Bone fracture
 - Other perceived risks
- have a stretcher that can safely extricate the patient from the pitch or dressing room to the ambulance and then be fixed in the vehicle for safe transit.



- be equipped with:
 - Spinal Board
 - o Portable oxygen
 - IV fluid access and fluid
 - Automatic External Defibrillator
- have a supply of essential (lifesaving) medication.

Match Day Medical Meeting

A Match Day Medical Meeting should be scheduled between the Independent Match Day Doctor, a Match Official (if available), paramedics and Team Doctor(s) (if applicable) and/or Team Physiotherapist(s) or a Team Representative (if a team does not have a doctor and physio) at the match venue prior to every match.

It should be the responsibility of the Independent Match Day Doctor to schedule this meeting.

The purpose of the meeting is to:

- Determine key mobile phone numbers and radio access for medical staff who will be present on match day
- Clearly indicate the location of medical room/tent for players and Match Officials
- Note the position and entry points(s) of ambulance
- Determine chain of command in emergency and non-emergency situations
- Reiterate the availability of the following items:
 - Defibrillator(s)
 - o Oxygen cylinder, regulator and oxygen mask, along with giving bag set
 - Medicab or stretcher and neck collar and
 - Medical bag with key drugs
- Allow representatives from each team to notify if they have any players with special medical risks/needs (e.g. diabetic)
- Review services and medical equipment that will be dedicated to teams & match officials only and available from 1.5 hours before the match and 30 minutes after the end of day's play.
- Briefly reiterate emergency protocols and hand signals

Match Day Medical Room/Tent Requirements

The medical room/tent should:

- be located in reasonably close proximity to the dressing rooms;
- preferably have direct access to the field of play;
- be assigned solely for medical;



- be sterile and ensure privacy;
- have sufficient lighting and ventilation;
- have a hand basin and clean water with hand wash and hand towels;
- have an examination bed, ice:
- have sharps bin, stethoscope, medical waste bin and bags, emergency mediation, IV fluid equipment, disposable suture kits, sterile and non-sterile gloves and oxygen supply with relevant fixtures. This may be supplied by either the host, match day doctor or the ambulance;
- have stretcher access to the medical room/tent and/or ambulance (if stationed at the venue)
 - Staff involved should be identified and familiar in the use of the equipment;
- have Automatic External Defibrillator, a stretcher, spine board, rigid cervical collar (if an ambulance fitted with this equipment is not stationed at match venue) and its location should be indicated on the medical room/tent wall if it is not located within the medical room/tent; and
- be checked by the match day doctor prior to each day's play.

Practice Sessions

The Host Member should include in the Medical Handbook details of the following medical services that will be available to teams at official practice sessions.

MEDICAL INFORMATION AT PRACTICE SESSIONS

NAME AND CONTACT DETAILS FOR THE FOLLOWING SERVICES:

Closest hospital with accident and emergency centre with emergency ambulance*

Closest pharmacy

Medical equipment that will be available at all official practice sessions e.g. Defibrillator

Medical cover**

Medical space/area with a basic first aid kit***

- *If an ambulance is more than 15 minutes away from a practice venue, consideration should be given to having a paramedic/first responder qualified in emergency medicine stationed at the practice venue.
- ** The medical cover is expected to include team physiotherapist or team doctor (if available).
- *** An area should be set aside for the sole use of medical and should be equipped with basic first aid requirements. If an ambulance is stationed at the training venue



any medical treatment can be provided inside the ambulance and therefore no area need be set aside.

Basic First Aid kit

- 1. Strapping tape for minor sprains
- 2. Small and medium bandages for scrapes and bumps
- 3. Cold packs for sprains or strains
- 4. Blister plasters for blisters
- 5. Antiseptic ointment to prevent infection
- 6. Alcohol pads to clean wounds
- 7. Hand sanitiser to clean hands
- 8. CPR instructions
- 9. Plastic bag to dispose trash
- 10. Information on closest hospital with accident and emergency centre with emergency ambulance

Team Hotels

The Medical Handbook should include details of the following medical services that players and match officials can access at their cost when at official team hotels.

TEAM HOTEL INFORMATION

An ambulance number should be made available for serious emergency situations

Preferred private hospital with accident and emergency centre

Preferred pharmacy (open late)

Preferred dental facility

Hotel out-of-hours/on-call service doctor - this service will only be organised by the host (where possible) if (i) a visiting team specifically requests for this service at their own cost, (ii) the request is submitted to the Host 8 weeks prior to the start of the event and (iii) the service is available.

Note - It is not the remit of the Host Member to support performance related medical issues such as local anaesthetic injections to facilitate play or medical fitness decisions that are not acute or IV infusion for non-emergency medical care.

REPORTING

Match Day Report

The Independent Match Doctor/Chief Medical Officer is required to complete the ICC Match Day Medical Report" using the ICC template report form attached at <u>Appendix</u>



<u>C.</u> Completed reports should be submitted to the CMO and the ICC Medical Manager within 24 hours of completion of the match.

Post Event Report

The CMO to provide the ICC Medical Manager with a post event medical report within 3 months after the event. The report should include details of any untoward medical incidents during the event and recommendations for future events. The purpose of the report is to assist the ICC in conducting a post event audit.

TIME LINES

A summary of the time lines by which information should be submitted.

TIME LINES	DOCUMENTS	RESPONSIBILITY
3 months prior to the event	Name and contact details of Medical Management structure for the event	Host Member
2 months prior to the event	Draft event Medical Plan & Medical Handbook	СМО
At least 2 weeks before warm up period	Medical Handbook to be sent to the ICC, Match Officials and the participating teams	СМО
Within 24 hours of completion of match	Match Day Medical Report (to be submitted to CMO & ICC Medical Manager)	Independent Match Day Doctor
Within 3 months after the event	Post Event Medical Report	СМО

ICC CONTACT DETAILS

Ms. Vanessa Hobkirk

ICC Medical and Anti-Doping Manager

Ph. +971 50 6401402

E-mail: vanessa.hobkirk@icc-cricket.com







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<u>Note</u>

This Medical Handbook template will assist the Host Member/ Chief Medical Officer (CMO) in providing teams with the necessary medical information required for the ICC Event.

Host/CMO will be required to input information into the highlighted sections of this handbook and follow instructions where provided.

Please send a copy of the Event Handbook to the ICC Medical Manager (vanessa.hobkirk@icc-cricket.com) once complete.

The Event Medical Handbook should be circulated to participating teams no later than 2 weeks prior to the start of the scheduled event warm up-period.



1. Purpose and Scope

This event medical handbook applies to players, team officials, umpires and match officials for the duration of the *(inset name of event)*, including the warm-up period.

The purpose of this handbook is to provide easy access to medical services available during the *(insert name of event)*. This handbook includes information on medical services available on match day, at training and at team hotels. It also includes contact information of event medical management and medical service providers available in each host city.

The information provided in this handbook is as per the medical standards required by the ICC.

2. Medical Management Structure

The medical management structure for this event will be as follows:

- Chief Medical Officer (CMO) will oversee medical services provided at the event
- Independent Match Day Doctors (MDD) an independent doctor will be available at every match 90 minutes before the scheduled start of play and 30 minutes after the completion of the match
- **Paramedics** a paramedic will be available at every match and training session 90 minutes before the scheduled start of play and until 30 minutes after the completion of the match.
- Team Doctors and/or Team physiotherapists each team to have a dedicated physiotherapist and/or Team Doctor or a Team Representative who is responsible for medical matters relating to the team.

3. Key Medical Staff

3.1 Chief Medical Officer (CMO)

EVENT CHIEF MEDICAL OFFICER (CMO)
Name:
Phone:
E-mail address:



Role of Event CMO

The Event CMO is responsible for the co-ordination and governance of medical services provided by event medical staff to players, officials and team management during the event (both at the match and practise venue and at team hotels). He/she is also responsible for timely submission of the ICC Event Medical Plan to the ICC Medical Manager and the development and distribution of the Event Medical Handbook. The CMO will also ensure the processes outlined in the Medical Handbook are adhered to.

4. Match Day Medical Protocols and Chain of Command

4.1 Protocols and Chain of Command on Match Day

Provide the following protocols and chain of command on Match Day in the following cases:

- Match Day On-Field Incident such as a head injury or acute trauma e.g. bone fracture.
- Medical emergency e.g. a cardiac arrest.
- Removal of a player from the field of play in case of a medical emergency.

4.2 Match Day Medical meeting agenda

- Provide key mobile phone numbers and radio access for medical staff who will be present on match day.
- Clearly indicate the location of medical room for players and match officials.
- Note position and entry points(s) of ambulance.
- Reiterate chain of command in emergency and non-emergency situations.
- Reiterate the availability of the following items in the ambulance:
 - Defibrillator(s)
 - Oxygen cylinder, regulator and oxygen mask, along with giving bag set
 - Medicab or stretcher and neck collar and
 - Medical bag with key drugs
- Allow representatives from each team to notify if they have any players with special medical risks/needs (e.g. diabetic).
- Review services and medical equipment that will be dedicated to teams & match officials only and available from 1.5 hours before the match and 30 minutes after the match has finished.
- Reiterate emergency protocols.



5. Medical Services in Host Cities

This section provides a list of medical services and facilities available to cricket teams and match officials in each host city.

- General Medical Services
- Match Day Medical Services & Facilities
- Medical Services at Training
- Medical Services at Team Hotels

In addition to the above, information on general public health issues should be included such as regional infectious diseases, vaccinations, water safety, air safety, pollution, specific alerts/outbreaks, medication that should not be carried into the country etc.

A separate set of tables should be created for each host city.

HOST CITY 1

GENERAL MEDICAL SERVICES

HOST CITY 1 – GENERAL	. MEDICAL SERVICES		
	Name	Address	Phone
Hospital(s)	Name of hospital Distance from team hotel (s) e.g. 2km & 5mins Services available at the hospital – for e.g. Private emergency service for most injuries and illnesses requiring some investigation	Address of the hospital	<mark>Telephone</mark> number
	Name of hospital Distance from team hotel (s) e.g. 2km & 5mins Services available at the hospital – for e.g. Private emergency service for most injuries and illnesses requiring some investigation	Address of the hospital	<mark>Telephone</mark> number
Family Practitioner			
Accident & Emergency			



HOST CITY 1 – GENERAL	MEDICAL SERVICES		
	Name	Address	Phone
Orthopaedics			
General Surgery			
General physician			
Cardiology			
MSK Radiologist -for case discussion/advice (when necessary)			
Neurologist (preferably with head injury/concussion experience)			
Pathology (haematology, biochemistry, microbiology)			
Pharmacy			
Dentist			
Gynaecologist (for women's event)			
Physiotherapy			
Masseur / masseuse			
Sports Doctor			
Podiatrist			

MATCH DAY MEDICAL SERVICES & FACILITIES

In case of multiple match venues in one city, a separate 'Match Day Medical Services & Facilities' table should be created for every match venue in the city.

HOST CITY 1 – MATCH DAY VENUE 1	
MATCH DAY MEDICAL SERVICES & F.	ACILITIES
Medical room location at match venue (using a venue map).	
Medical room equipped with:	1. examination bed



HOST CITY 1 – MATCH DAY VENUE 1

MATCH DAY MEDICAL SERVICES & FACILITIES

MATCH DAY MEDICAL SERVICES & FA	ACILITIES		
	 sharps bin and medical waste bin and bags power point access to ice stretcher access from field and to ambulance IV fluid access and fluid Automatic External Defibrillator with manual override and monitor disposable suture kits with equipment non sterile gloves stethoscope cervical collar stiff relevant medication. 		
Availability of medical room equipment at the venue on match day	One (1) hour before the match and thirty (30) minutes after the match has finished		
Location of ambulance and paramedics.	Ensure ambulance has clear access from the field to the road		
Availability of ambulance on match day	At least 1 hour before the start of the match and 30 minutes after the match has finished		
Ambulance equipped with	 Stretcher - that can safely extricate the patient from the pitch or dressing room to the ambulance and then be fixed in the vehicle for safe transit. Spinal Board Portable oxygen IV fluid access and fluid Automatic External Defibrillator Supply of essential (lifesaving) medications. 		
Capability of paramedics	trained paramedic/technician/nurse capable of coping with (i) Cardiac arrest, (ii) Anaphylaxis, (iii) Head/neck injury, (iv) Other serious injury or illness, (v) Bone fracture and (vi) other perceived risk		
Other medical staff that will be available on match day.			
Proposed time & location for Match Day Medical Meeting between the	Date & Match Meeting time Location		



HOST CITY 1 – MATCH DAY VENUE 1			
MATCH DAY MEDICAL SERVICES & FA	ACILITIES		
Host City Medical Co-ordinator, Independent Match Day Doctor and Team Doctor (if applicable) and/or			
Team Physiotherapist) at the match venue.			

MEDICAL SERVICES AT TRAINING

In case of multiple training venues in one city, a separate 'Medical Services at Training' table should be created for every training venue in the city.

HOST CITY 1 – TRAINING VENUE 1 **MEDICAL SERVICES AT TRAINING** Name Address Phone Closest hospital with accident and emergency centre with emergency ambulance* Closest pharmacy Medical cover The medical cover is expected to include Team Doctors (if applicable) and Team Physiotherapists. Medical equipment that will be available at all official practice sessions

*If an ambulance is more than 15 minutes away from a training venue, consideration should be given to having a paramedic/first responder qualified in emergency medicine stationed at the practice venue.

MEDICAL SERVICES AT TEAM HOTELS

In case of multiple team hotels in one city, a separate 'Medical Services at Team Hotels' table should be created for every team hotel in the city.



Note – The following medical services will be available to players and Match Officials at their own cost.

HOST CITY 1 – TEAM HOTEL 1			
MEDICAL SERVICES AT TEAM HOTELS			
	NAME & ADDRESS	PHONE	
Family medical specialist for acute illness and acute accidental injury. (to respond within one hour)			
Ambulance for serious emergency situations			
Preferred private hospital with accident and emergency centre			
Preferred pharmacy (open late)			
Preferred dental facility			

HOST CITY 2.

GENERAL MEDICAL SERVICES

(Insert 'General Medical Services' table for Host City 2)

MATCH DAY MEDICAL SERVICES & FACILITIES

(Insert 'Match Day Medical Services & Facilities' table(s) for Host City 2)

MEDICAL SERVICES AT TRAINING

(Insert 'Medical Services at Training' table(s) for Host City 2)

MEDICAL SERVICES AT TEAM HOTELS

(Insert 'Medical Services at Team Hotels' table(s) for Host City 2)

HOST CITY 3.....

GENERAL MEDICAL SERVICES

(Insert 'General Medical Services' table for Host City 3)

MATCH DAY MEDICAL SERVICES & FACILITIES

(Insert 'Match Day Medical Services & Facilities' table(s) for Host City 3)



MEDICAL SERVICES AT TRAINING

(Insert 'Medical Services at Training' table(s) for Host City 3)

MEDICAL SERVICES AT TEAM HOTELS

(Insert 'Medical Services at Team Hotels' table(s) for Host City 3)



(INSERT NAME OF ICC EVENT) MATCH DAY MEDICAL REPORT

MATCH DAY MEDICAL INFORMATION				
Date				
Match				
Independent Match Day Doctor (MDD)				
MDD Timing	Start: Finish:			
Ambulance & Paramedics	Start: Finish:			
Match Day Meeting	Time:			
Match Day Meeting Attendance		ysios		
Was the following covered	at the Match Day Medical meeting?			
- Provide key mobile pho	one numbers and radio access for medical staff			
- Clearly indicate locatio	n of medical room/area for players & match officials			
- Position and entry point(s) of ambulance				
- Reiterate chain of com	mand in emergency and non-emergency situations			
Defibrillator(s)Oxygen cylinder, re	gulator and oxygen mask, along with giving bag set er and neck collar and ey drugs			
 Review services & medical equipment that will be dedicated to teams and match officials (1.5 hrs before the match – 30mins after) 				
- Briefly reiterate emergency protocols and hand signals				
- Allow team reps to notify of any players with medical risks/needs				
Was the Medical room equ	ipped with the following?			
- Examination bed				
- Sharps bins and medica	al waste bins and bags			
- Power point				

Minimum Medical Standards - ICC Global & Regional Pathway Events



- Access to ice		
- Stretcher access from field and to ambulance		
- IV fluid access and fluid		
- Automatic External Defibrillator with manual override and monitor		
- Disposable suture kits with equipment		
- Non sterile gloves		
- Stethoscope		
- Cervical collar stiff		
- Relevant medication		
Head knock(s)		
Over -	Player Name -	
Describe incident -		
Management of incident -		
Helmet change -		
Other Medical Issues relating to a Player		
Medical issues relating to a Match Official		
Any significant incidents (during the match) to report		
MDD Signature		

Note: A copy of this report should be provided to the Event Chief Medical Officer and the ICC Medical Manager (<u>vanessa.hobkirk@icc-cricket.com</u>) via e-mail, within 24 hours of the match concluding.