

ANTI-DOPING GUIDE FOR PLAYERS

At the ICC, we believe every player has a right to participate in sport that is free of doping. We want all players to compete clean and, on a level playing field.

While the ICC focuses on maintaining the integrity of cricket and protecting the health and rights of all participants, it is important for players to enhance their anti-doping knowledge and awareness. To develop an understanding of all things anti-doping:



**Download the ICC
Integrity App**



**Attend and participate in
anti-doping education**



**Refer to the anti-doping
section of the ICC website.**

**Meanwhile, this Anti-Doping Guide will help
with basic clean sport need-to-knows...**

THE CODE

The ICC Anti-Doping Code outlines anti-doping rules, policies and procedures that apply at international cricket. The Code applies at all times to all players (men and women) who participate (or who have participated) in the last 24 months in an 'International Match'.

Players are required to be familiar with the ICC Anti-Doping Code which is available on the anti-doping section of the **ICC website**.



[Click here for the ICC Anti-Doping Code](#)



In the event of any conflict between the information contained in this pocket guide and the ICC Anti-Doping Code, the provisions of the ICC Anti-Doping Code shall apply.

WADA PROHIBITED LIST



- The WADA Prohibited List is a list of prohibited substances and methods incorporated into the ICC Anti-Doping Code that players should use to in-competition (match day) and out-of-competition (non-match day).
- The Prohibited List is updated annually and comes into effect on 1 January each year.
- The current WADA Prohibited List can be found on the ICC website and the ICC Integrity App.

[Click here for the WADA Prohibited List 2024](#)



ADVICE FOR PLAYERS



Strict Liability

As players, you are solely responsible for what you put into your body. Your body = your responsibility.



Substances of Abuse

Recreational drugs can result in anti-doping violations and are illegal in many countries.



WADA Prohibited List

The Prohibited List changes every year. Download the ICC Integrity App to allow easy access to the current List.



Know your rights

Understand the sample collection procedure as well as your rights and responsibilities during testing.



Check your medication

Always check, or ask medical advisors to check, any medication (prescription or over the counter), substance or method of administration against the current WADA Prohibited List.



Consequences are real

Know what constitutes an anti-doping rule violation under the ICC Code and the potential consequences (suspension, reputational damage, financial loss etc.) that can apply.



Beware of Supplements

Extreme caution is recommended regarding supplement use. Assess the need, recognize the risk and understand the potential consequences.



Always Report

Players must play their part in protecting the integrity of cricket and report any suspicious anti-doping activity to the ICC anti-doping team.



Caution when travelling

Remember medication with the same brand name as the one used back home may contain different substances. Check every substance listed on the label against the current WADA Prohibited List.



Stay Informed

Download the ICC Integrity App and refer to the anti-doping resources section on the ICC website.



Natural does not mean safe

Be cautious with herbal/natural products as they can contain prohibited substances.



Here to help

Reach out to the ICC anti-doping team (anti-doping@icc-cricket.com) in case of any anti-doping related queries.

MORE ON SUPPLEMENTS

Supplements can take the form of sports drinks, gels and bars, carbohydrate supplements, protein supplements, meal replacements, weight loss and weight gain products, vitamins and minerals including antioxidants, herbs, homeopathic remedies or traditional medicines.

Unlike pharmaceutical products, the manufacture and distribution of supplements is not regulated. Supplements therefore may contain ingredients not listed on the label, may be at higher risk of contamination and can indulge in false advertising, increasing the risk of players who choose to use them.

Consumption of any supplement is always at one's own risk. Minimise the risk associated with supplement use, by only using batches of those supplement products that have been checked and certified to be free of any prohibited substance.



Advisory note on supplements

[Click here for further advice](#)



THERAPEUTIC USE EXEMPTION (TUE)

There may be instances where use of a prohibited substance or a method is required to treat a player's legitimate medical condition. In such cases, a Therapeutic Use Exemption (TUE) certificate must be obtained by the player before using the prohibited substance or method. Allowances are provided in case of genuine emergencies or exceptional circumstances. TUE applications for international players should be submitted to the ICC and domestic player applications should be submitted to the respective National Anti-Doping Organization.

Key steps to completing your TUE application

1

Obtain the ICC TUE application form from the ICC website, the ICC Integrity App or request a copy from the ICC anti-doping team.

2

Complete all sections of the form legibly else the form may be returned for resubmission.

3

Make sure the treating doctor has read and signed the Medical Practitioner's Declaration.

4

Read and sign the Player Declaration. If under 18, a parent/guardian signature will also be needed.

5

Review the application against the TUE application checklist available on the ICC website to ensure it is complete and includes the necessary supporting documentation.

6

TUE documentation includes sensitive medical information, therefore please use a secure platform when submitting the application to the ICC.

More information on TUEs can be found on the anti-doping section of the ICC Website.

[Click here for further advice](#)



Note on TUEs: Recognition will need to be sought from the ICC; in case a TUE is obtained from another anti-doping organization (such as your National Anti-Doping Organization). Refer to the ICC TUE Recognition process on the ICC website for more detail.

Use of the prohibited substance or method in issue before approval of your TUE application or recognition of another anti-doping organization's TUE is at your own risk.

TESTING



Testing is a key part of protecting the integrity of cricket and ensuring a level playing field. Players can be tested any time, any place and by any anti-doping organization with jurisdiction.

When selected for doping control, cooperate with the process, as refusal to do so may lead to an anti-doping rule violation (ADRV).

The testing process



- 1 DCO/Chaperones will notify the player for a drugs test (blood and/or urine)
- 2 Player to report to the doping control room for testing
- 3 Select a collection vessel
- 4 Provide the sample(s) under supervision
- 5 Select the sampling kit
- 6 Divide and seal the sample (in case of urine only)
- 7 DCO to Test the suitability of the sample (in case of urine only)
- 8 Review, record and certify the information.

For detailed information on urine and blood testing visit the ICC Anti-Doping Resource page

[Click Here](#)



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